

2025-2026 ANNUAL REPORT



PRESIDENT'S MESSAGE

Mr. Parvez Farid

President, Ummeed Foundation

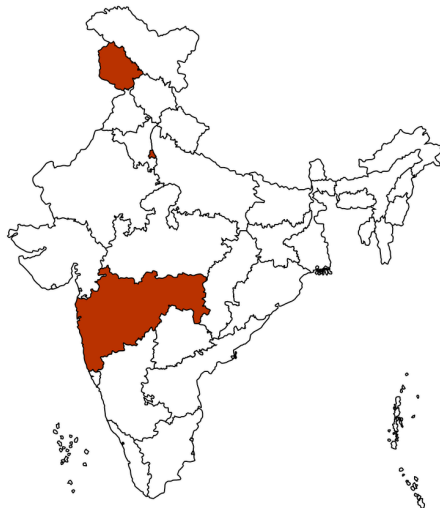
Every year at Ummeed Foundation brings new stories of courage, resilience, and hope. The year 2025–2026 has been a journey filled with meaningful moments where small efforts created lasting change in the lives of the people we serve.

Whether it was supporting a child's education, helping a woman stand on her own feet, providing healthcare to those in need, or empowering persons with disabilities to live with confidence — each initiative strengthened our belief that compassion can truly transform lives. None of this would be possible without the dedication of our team and the unwavering support of our donors, partners, and well-wishers.

As we continue this journey, we remain committed to spreading hope, building opportunities, and working together towards a more inclusive and caring society.



OUR PRESENCE



**Operating Pan India, Impacted
 over 1.9 Million Beneficiaries**

**| DISABILITY | HEALTH | EDUCATION |
 | WOMEN EMPOWERMENT |**

**We work in 3+ STATES
 | Maharashtra | Delhi NCR |
 | Jammu & Kashmir |**

10+ DISTRICTS

OUR VISION

is to Achieve a level of Sustainable Community Development where the majority of the population has access to basic social services.

OUR MISSION

is to promote a better quality of life for communities, notably vulnerable population, through their full participation in the development of their communities.

ABOUT US

For atleast 15 years, Ummeed Foundation has been dedicated to supporting vulnerable communities by creating pathways to dignity, opportunity, and inclusion. What began as a small effort to assist persons with disabilities has grown into a broader movement that reaches individuals and families facing social, economic, and health challenges.

Through a combination of community programs, rehabilitation services, educational support, and livelihood initiatives, the foundation works to ensure that those who are often overlooked are given the resources and encouragement they need to move forward in life. Our approach focuses not only on providing aid, but on enabling individuals to build confidence, independence, and long-term stability.

Persons with Disabilities (PWDs)

We support persons with disabilities through special education, rehabilitation services, assistive devices, and skill development programs that promote independence, confidence, and social inclusion.

Women Empowerment

Our initiatives help women—particularly widows and those from disadvantaged backgrounds—build self-reliance through skill training, livelihood opportunities, and community support.

Education

We promote access to quality education for children with special needs and underprivileged students through specialized schooling, scholarships, and learning support programs.

Healthcare & Well-being

We support the health needs of our beneficiaries by providing monthly medicines, medical aid, therapy services, assistive devices, and health camps, ensuring continued care and improved well-being for individuals who lack access to essential healthcare services.

Ummeedon Ki Udaan – Livelihood Project

This initiative focuses on building sustainable livelihoods by providing vocational training, tools, and support that enable individuals to generate income and achieve financial independence.



ACTIVITIES CONDUCTED

April to June 2025

April

- Organized an Aadhaar Card Camp to support students and families with essential documentation.
- Distributed 25 Smart On Glasses to visually impaired individuals, enhancing accessibility and independence.

May

- Visited an old age home, spending meaningful time with residents and sharing moments of care and companionship.
- Initiated registrations for the Medical Aid Camp in Hingoli District.

June

- Conducted a Webinar on Autism Spectrum Disorder (ASD) for caregivers, educators, and professionals.
- Recognized as a Great Place to Work for the 2nd consecutive year.
- Organized an Employee Engagement & Disability Sensitization Program with India Post Office, Mumbra.
- Celebrated International Yoga Day, promoting health and well-being.
- Conducted a Medical Aid Camp in Hingoli District (25-26 June) in collaboration with Rise Bionics, assessing 140+ children.
- Distributed medical aids to 13 persons with disabilities and patients, supporting their healthcare needs
- Held a Smart On Device demonstration for visually impaired beneficiaries.
- Observed the International Day Against Drug Abuse and Illicit Trafficking.
- Supported a Matrimonial Matchmaking Get-Together on 29th June.



July & August 2025

July

- Distributed **study materials** to 28 hearing-impaired students, supporting their educational needs.
- Conducted an **online webinar** on the **Importance of Functional Food in Coping with Neurodivergent Disorders** by Dr. Deeba from Parvaa.
- Distributed **sports uniforms** to 120 students of Ummeed School, encouraging participation in physical activities.
- Organized a **workshop on AI in Teaching** for educators, enhancing modern teaching practices.
- Conducted **Empower Her – Self Defence Training Program** for girls with intellectual disabilities, promoting confidence and personal safety.

August

- Distributed study materials to 60 students with intellectual disabilities, supporting their academic development.
- Distributed towels and blankets to visually impaired individuals in Vangani in the presence of Shri Rohan Ghuge, CEO of ZP Thane, extending comfort and care.
- In collaboration with Rise Bionics under the Help a Child Walk initiative, conducted the second phase of the Medical Aid Camp from 11th to 13th August, where 64 children received assistive devices including prosthetics and orthotics.
- Ummeed – The Hope Special School, in collaboration with the Indian Dental Association (IDA), organized a Dental Check-up Camp for students.
- Celebrated Independence Day with patriotic spirit and student participation.
- Hosted the Mumbra Police Department for a Disability Sensitization Programme at our centre.
- Celebrated the Prophet For All Event, during which school uniforms and Braille Quran Shareef were distributed



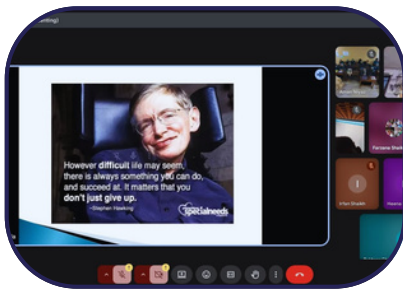
September & October 2025

September

- Celebrated **Teachers' Day**, recognizing the dedication and contribution of educators.
- Conducted a session on the **Importance of Occupational Therapy** with Dr. Nusra Surangiwalla.
- Organized a **seed ball making activity** in collaboration with the **Green Club of A. E. Kalsekar Degree College**, promoting environmental awareness.
- Observed the **International Day of Sign Languages**, celebrating communication and inclusion.
- Arranged an educational trip to **Parle Manufacturing Company** for students.
- Hosted **Vadamvali Season 3 – Inter School Inclusive Competition** in collaboration with **Aspire Sports Welfare Association**.

October

- Celebrated **Daan Utsav – The Joy of Giving Week** through a collection drive with active community participation. As part of the celebrations, **Rajeev Gandhi Hawkers Union, Mumbra** and **MESCO EECED** visited **Ummeed The Hope Special School**, interacted with our special students, and school bags were distributed to the children.
- Conducted a **webinar on Positive Parenting** by Ms. Nazlin Motiwala in collaboration with **Journey to a Healing Heart**.
- Organized a **Medical Aid Assessment Camp** for our students.
- Set up an **Ummeed Stall at BSE**, showcasing vocational products.
- Celebrated **Ummeedon Ki Diwali** at orphanage and senior citizen homes by distributing stationery, snacks, and clothes.
- Founder & CEO Mr. Parvez Farid received the **Griffin Award – Unsung Hero of 2025** at **GSA Mumbai**.
- Hosted **DCB Mumbra Branch** for a **Disability Sensitization Program**.



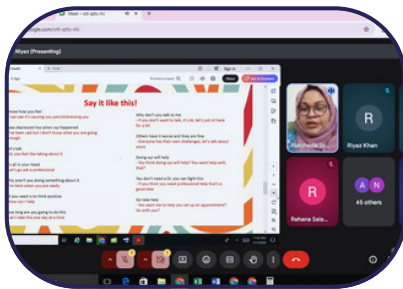
November & December 2025

November

- In collaboration with Trellis Family Centre, conducted an online webinar on **Mental Health & Its Impact** by **Dr. Ruksheda Syeda**, Psychiatrist & Psychotherapist.
- The All India Private Schools Association presented the **Education Excellence Award 2025** to Mr. Parvez Farid and Ms. Aysha Sayed.
- Hosted visits from **Mumbra Police** and **Mumbra Fire Department** for Disability Sensitization Programs.
- Hosted a **special event at Islam Gymkhana** to celebrate our special children along with well-wishers.
- Sports for Unique Athletes provided **sports materials** to encourage student participation in physical activities.
- Celebrated **Children's Day** with joy and enthusiasm.
- Observed **Indian Constitution Day**, promoting awareness of rights and values.

December

- Celebrated **World Disability Day** in the presence of **Adv. Yusuf Abrahani**, where **former students of Ummeed** who are proudly earning livelihoods and **dedicated parents** supporting their special children were **felicitated**. **Medical aids** were also distributed to persons with disabilities and patients.
- Observed **Mahaparinirvan Diwas**, the death anniversary of Dr. B. R. Ambedkar.
- The Fire Department conducted a **Fire Mock Drill** at Ummeed The Hope Special School with special children, promoting safety awareness.
- Students of Ummeed participated in the **S4UA Games 2025-26**, winning 20 medals and securing Second Prize in Box Cricket among 17 special schools.
- Hosted the **Annual Khel Mahotsav 2025-2026** from 25th to 27th December, encouraging sportsmanship and participation among students.



January

- Launched the **J&K Heart Clinic on Wheels Project** in Srinagar, Jammu & Kashmir, supported under CSR by J&K Bank.
- Conducted a **Workshop on Effective Parenting** by Mr. Israr Sayyed.
- Our students excelled at the **Triumph Carnival in Thane**, winning medals and the Runner-up Trophy.
- Observed **World Braille Day**, promoting awareness and inclusion for visually impaired individuals.
- Dr. Ushavati Shetty conducted a workshop on **Empathy in Teaching**, engaging teachers from multiple schools.
- Prof. Majid Ansari led a workshop on **Character Building and the impact of staff room politics**.
- Initiated a **Collection Drive Campaign** across various residential buildings.
- Celebrated **Republic Day** on 26th January with patriotic spirit and student participation.
- **Students visited DCB Bank** for an educational learning experience.
- Hosted the **Women's Fellowship of Jubilee Tamil Church** at our centre

February

- Participated in **Kokan Mela Season 4**, showcasing our initiatives and student talents.
- Interns from the **Nanavati Physiotherapy Department** visited the centre for a month-long physiotherapy assessment and guidance program.
- An **Employee Engagement Programme** was held with the Fiserv Mumbai team, facilitated by United Way Mumbai, at Ummeed The Hope Special School.
- Students participated in the **Sports Day for Special Children**, winning 23 medals and securing the Second Prize Trophy in Tug of War.
- Initiated **Ummeed Bazaar 2025**, our annual Ramadan initiative supporting needy families through donated clothing and essentials.
- Dr. Harsha Mehta visited the centre and distributed **Eid clothes** to our students.
- Under the **Ummeed Imam Empowerment Project**, scholarships were provided to the children of Imams to support their education.



March 2026

- Ummeed Foundation was recognized among the **Top 50 NGOs of Thane District** by Thane Vaibhav.
- Distributed **1,548 ration kits** to beneficiaries throughout the holy month of Ramadan.
- Organized an **Iftar gathering** for staff and students, fostering togetherness and celebration.
- Distributed **395 Eid clothes** to children and adults, helping families celebrate the festival with dignity.
- Provided **Iftar boxes** to 40 fasting special students during Ramadan.
- Conducted a **Religious Scholar Empowerment Programme**, focusing on training and livelihood opportunities.
- Under the CSR initiative of BPCL, in collaboration with Torchit and Zilla Parishad Thane, distributed **Smart White Canes and AI Smart Glasses** to 201 visually impaired across Maharashtra.





JOIN US IN ACHIEVING THIS NOBLE CAUSE

DONATE IN CASH/CHEQUE IN FAVOR OF
UMMEED FOUNDATION

Account No. :02911100080486
Account Type :Savings Account
Bank Name :DCB Bank Ltd.
Branch :Kausa, Mumbra
IFSC Code :DCBL0000029

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Quick
Donation to
Ummeed
Foundation



Donations to UMMEED FOUNDATION are exempt under section 80G of the Income Tax Act, 1961. Tax exemption is valid only in India.

CONTACT US



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THANK YOU

